



Fish fingers with peas - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Chinese cabbage, steamed (without added fat and salt) <i>(1 g)</i>	5	Piece	1 g
<input type="checkbox"/>	Frozen Green Peas <i>(140 g)</i>	1.5	Cup	140 g
<input type="checkbox"/>	Sour Cream 30% <i>(10 ml)</i>	5	Tablespoon	10 ml
<input type="checkbox"/>	Red Onion <i>(80 g)</i>	1	Piece	80 g
<input type="checkbox"/>	Butter <i>(10 g)</i>	1	Teaspoon	10 g
<input type="checkbox"/>	Nutmeg <i>(0.2 g)</i>	1	Pinch	0.2 g
<input type="checkbox"/>	Olive Oil <i>(5 g)</i>	2	Teaspoon	5 g
<input type="checkbox"/>	Black Pepper <i>(0.1 g)</i>	1	Pinch	0.1 g
<input type="checkbox"/>	White Salt <i>(0.1 g)</i>	1	Pinch	0.1 g