



## Low Carb Turkey with Vegetables - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Turkey Breast, Skinless</b> <i>(100 g)</i>	2	Portion	100 g
<input type="checkbox"/>	<b>Fresh Mushrooms</b> <i>(1 g)</i>	250	Gram	1 g
<input type="checkbox"/>	<b>Onion</b> <i>(170 g)</i>	1	Piece	170 g
<input type="checkbox"/>	<b>Red Bell Pepper</b> <i>(200 g)</i>	1	Piece	200 g
<input type="checkbox"/>	<b>Zucchini</b> <i>(600 g)</i>	1	Piece	600 g
<input type="checkbox"/>	<b>Olive Oil</b> <i>(10 g)</i>	2	Tablespoon	10 g
<input type="checkbox"/>	<b>Dried Oregano</b> <i>(2 g)</i>	1	Teaspoon	2 g
<input type="checkbox"/>	<b>Dried Marjoram</b> <i>(2 g)</i>	1	Teaspoon	2 g
<input type="checkbox"/>	<b>Ground Sweet Paprika</b> <i>(3 g)</i>	1	Teaspoon	3 g
<input type="checkbox"/>	<b>Tarragon, Dried</b> <i>(2 g)</i>	1	Teaspoon	2 g