



## Full-grain Toasties with Cheese, Paprika and Sopot Loin - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Whole Grain Toast Bread</b> <i>(23 g)</i>	2	Slice of bread	23 g
<input type="checkbox"/>	<b>Red Bell Pepper</b> <i>(30 g)</i>	1	Slice	30 g
<input type="checkbox"/>	<b>Royal Light Yellow Cheese</b> <i>(15 g)</i>	1	Slice	15 g
<input type="checkbox"/>	<b>Sopot Tenderloin</b> <i>(12 g)</i>	1	Slice	12 g
<input type="checkbox"/>	<b>Butter</b> <i>(10 g)</i>	0.5	Teaspoon	10 g