



## Chicken in Mint Sauce with Vegetables - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Asparagus</b> <i>(1 g)</i>	150	Gram	1 g
<input type="checkbox"/>	<b>Chicken Breast Fillet 2</b> <i>(1 g)</i>	120	Gram	1 g
<input type="checkbox"/>	<b>Broad Beans</b> <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	<b>Green Peas</b> <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	<b>Light Rye Bread</b> <i>(35 g)</i>	1	Slice of bread	35 g
<input type="checkbox"/>	<b>Dried Mint</b> <i>(1 g)</i>	30	Gram	1 g
<input type="checkbox"/>	<b>Olive Oil</b> <i>(10 g)</i>	2	Tablespoon	10 g
<input type="checkbox"/>	<b>Feta Cheese</b> <i>(1 g)</i>	10	Gram	1 g
<input type="checkbox"/>	<b>Wine Vinegar</b> <i>(1 g)</i>	10	Gram	1 g