



## Avocado Paste Sandwich - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Avocado</b> <i>(140 g)</i>	0.5	Piece	140 g
<input type="checkbox"/>	<b>Light Rye Bread</b> <i>(35 g)</i>	2	Slice of bread	35 g
<input type="checkbox"/>	<b>Light Soy Sauce</b> <i>(5 g)</i>	1	Teaspoon	5 g
<input type="checkbox"/>	<b>Onion</b> <i>(1 g)</i>	10	Gram	1 g
<input type="checkbox"/>	<b>Black Pepper</b> <i>(1 g)</i>	0.1	Gram	1 g