



## Oat Apple Pancakes - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Whole Chicken Eggs (S)</b> <i>(1 g)</i>	170	Gram	1 g
<input type="checkbox"/>	<b>Apple</b> <i>(1 g)</i>	45	Gram	1 g
<input type="checkbox"/>	<b>Natural Yogurt 2%</b> <i>(1 g)</i>	40	Gram	1 g
<input type="checkbox"/>	<b>Oat Flakes</b> <i>(1 g)</i>	40	Gram	1 g
<input type="checkbox"/>	<b>Coconut Oil</b> <i>(1 g)</i>	12	Gram	1 g
<input type="checkbox"/>	<b>Cinnamon 2</b> <i>(1 g)</i>	5	Gram	1 g