

Turkey Ham Sandwiches with Lettuce and Tomatoes - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Tomato <i>(170 g)</i>	1	Piece	170 g
<input type="checkbox"/>	Light Rye Bread <i>(35 g)</i>	3	Slice of bread	35 g
<input type="checkbox"/>	Turkey Ham <i>(13 g)</i>	3	Slice	13 g
<input type="checkbox"/>	Butterhead Lettuce <i>(5 g)</i>	3	Leaf	5 g
<input type="checkbox"/>	Butter <i>(1 g)</i>	10	Gram	1 g
