

## Turkey roulades - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Turkey Breast, Skinless</b> <i>(100 g)</i>	1	Portion	100 g
<input type="checkbox"/>	<b>Processed Cheese</b> <i>(1 g)</i>	25	Gram	1 g
<input type="checkbox"/>	<b>Coconut</b> <i>(1 g)</i>	1	Sprig	1 g
<input type="checkbox"/>	<b>Cold-Pressed Rapeseed Oil</b> <i>(10 ml)</i>	1	Tablespoon	10 ml
<input type="checkbox"/>	<b>Red Onion</b> <i>(80 g)</i>	1	Piece	80 g
<input type="checkbox"/>	<b>Green Pepper</b> <i>(70 g)</i>	1	Small piece	70 g
<input type="checkbox"/>	<b>Bulgur</b> <i>(1 g)</i>	60	Gram	1 g
<input type="checkbox"/>	<b>Vegetable Broth</b> <i>(1 ml)</i>	100	Milliliter	1 ml
<input type="checkbox"/>	<b>Turmeric</b> <i>(1 g)</i>	1	Portion	1 g
<input type="checkbox"/>	<b>Frozen Spinach</b> <i>(1 g)</i>	150	Gram	1 g
<input type="checkbox"/>	<b>White Salt</b> <i>(0.1 g)</i>	1	Pinch	0.1 g
<input type="checkbox"/>	<b>Black Pepper</b> <i>(0.1 g)</i>	1	Pinch	0.1 g
<input type="checkbox"/>	<b>Ground Sweet Paprika</b> <i>(0.5 g)</i>	1	Pinch	0.5 g