



Oatmeal with Tangerine and Kiwi - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Oat Flakes <i>(10 g)</i>	5	Tablespoon	10 g
<input type="checkbox"/>	Orange Juice <i>(1 ml)</i>	60	Mililiter	1 ml
<input type="checkbox"/>	Greek Natural Yogurt <i>(150 g)</i>	1	Package	150 g
<input type="checkbox"/>	Tangerines <i>(65 g)</i>	1	Piece	65 g
<input type="checkbox"/>	Kiwi <i>(75 g)</i>	1	Piece	75 g
<input type="checkbox"/>	Lemon Juice <i>(3 g)</i>	1	Teaspoon	3 g
<input type="checkbox"/>	Cinnamon 2 <i>(1 g)</i>	1	Pinch	1 g