



## Avocado and Banana Cocktail - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Avocado</b> <i>(140 g)</i>	3	Piece	140 g
<input type="checkbox"/>	<b>Natural Yogurt 2%</b> <i>(250 g)</i>	0.5	Cup	250 g
<input type="checkbox"/>	<b>Banana</b> <i>(120 g)</i>	1	Piece	120 g
<input type="checkbox"/>	<b>Bee Honey</b> <i>(12 g)</i>	1	Teaspoon	12 g
<input type="checkbox"/>	<b>Lemon 2</b> <i>(1 g)</i>	1	Teaspoon	1 g