



## Pizza bread with ham - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Whole Grain Toast Bread</b> <i>(23 g)</i>	4	Slice of bread	23 g
<input type="checkbox"/>	<b>Full-Fat Camembert</b> <i>(120 g)</i>	0.5	Package	120 g
<input type="checkbox"/>	<b>Chicken Breast Ham</b> <i>(15 g)</i>	4	Slice	15 g
<input type="checkbox"/>	<b>Tomato</b> <i>(170 g)</i>	1	Piece	170 g
<input type="checkbox"/>	<b>Homogenized Full-Fat Quark Cheese</b> <i>(30 g)</i>	2	Tablespoon	30 g
<input type="checkbox"/>	<b>Fresh Oregano</b> <i>(3 g)</i>	1	Handfull	3 g