



## Peppers and carrots with dip - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Red Bell Pepper</b> <i>(200 g)</i>	0.5	Piece	200 g
<input type="checkbox"/>	<b>Carrot</b> <i>(50 g)</i>	2	Piece	50 g
<input type="checkbox"/>	<b>Greek Natural Yogurt</b> <i>(150 g)</i>	1	Package	150 g
<input type="checkbox"/>	<b>Garlic</b> <i>(5 g)</i>	1	Tooth	5 g
<input type="checkbox"/>	<b>Black Pepper</b> <i>(0.1 g)</i>	1	Pinch	0.1 g
<input type="checkbox"/>	<b>White Salt</b> <i>(0.1 g)</i>	1	Pinch	0.1 g