



Minced meat with potatoes and zucchini pan - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Potatoes <i>(75 g)</i>	3	Piece	75 g
<input type="checkbox"/>	Ground Pork <i>(1 g)</i>	100	Gram	1 g
<input type="checkbox"/>	Zucchini <i>(1 g)</i>	200	Gram	1 g
<input type="checkbox"/>	Olive Oil <i>(5 g)</i>	1	Teaspoon	5 g
<input type="checkbox"/>	Onion <i>(170 g)</i>	1	Piece	170 g
<input type="checkbox"/>	Tomato Concentrate 30% <i>(15 g)</i>	1	Teaspoon	15 g
<input type="checkbox"/>	Dried Marjoram <i>(2 g)</i>	1	Teaspoon	2 g
<input type="checkbox"/>	Dried Thyme <i>(2 g)</i>	1	Teaspoon	2 g
<input type="checkbox"/>	Dried Rosemary <i>(2 g)</i>	1	Teaspoon	2 g
<input type="checkbox"/>	Black Pepper <i>(0.1 g)</i>	1	Pinch	0.1 g
<input type="checkbox"/>	White Salt <i>(0.1 g)</i>	1	Pinch	0.1 g
<input type="checkbox"/>	Tangerines <i>(65 g)</i>	2	Piece	65 g
<input type="checkbox"/>	Greek Natural Yogurt <i>(150 g)</i>	1	Package	150 g
<input type="checkbox"/>	Orange Juice <i>(10 ml)</i>	3	Tablespoon	10 ml