



Bean salad with ham and banana cream - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Green Beans (200 g)	1	Portion	200 g
<input type="checkbox"/>	Cooked Pork Ham (20 g)	2	Slice	20 g
<input type="checkbox"/>	Red Onion (80 g)	1	Piece	80 g
<input type="checkbox"/>	Olive Oil (5 g)	1	Teaspoon	5 g
<input type="checkbox"/>	Sherry Vinegar (5 g)	1	Teaspoon	5 g
<input type="checkbox"/>	Parsley Leaves (3 g)	1	Teaspoon	3 g
<input type="checkbox"/>	Chives (2 g)	1	Teaspoon	2 g
<input type="checkbox"/>	Black Pepper (0.1 g)	1	Pinch	0.1 g
<input type="checkbox"/>	White Salt (0.1 g)	1	Pinch	0.1 g
<input type="checkbox"/>	Banana (120 g)	1	Piece	120 g
<input type="checkbox"/>	Greek Natural Yogurt (150 g)	1	Package	150 g
<input type="checkbox"/>	Lemon Juice (3 g)	1	Teaspoon	3 g