



Wholemeal bread with emmentaler cheese and cucumber salad - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Wholemeal Multigrain Rye Bread (30 g)	2	Slice of bread	30 g
<input type="checkbox"/>	Butter (10 g)	0.5	Teaspoon	10 g
<input type="checkbox"/>	Emmentaler Full-Fat Cheese (20 g)	2	Slice	20 g
<input type="checkbox"/>	Red Onion (80 g)	1	Piece	80 g
<input type="checkbox"/>	Chives (2 g)	1	Teaspoon	2 g
<input type="checkbox"/>	Greenhouse Cucumber (180 g)	1	Piece	180 g
<input type="checkbox"/>	Olive Oil (5 g)	1	Teaspoon	5 g
<input type="checkbox"/>	Black Pepper (0.1 g)	1	Pinch	0.1 g
<input type="checkbox"/>	White Salt (0.1 g)	1	Pinch	0.1 g
<input type="checkbox"/>	Fresh or Dried Dill (2 g)	1	Teaspoon	2 g
<input type="checkbox"/>	Apple (180 g)	1	Piece	180 g