



## Chicken Tortilla - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Tomato</b> (170 g)	3	Piece	170 g
<input type="checkbox"/>	<b>Whole Wheat Tortilla</b> (62 g)	3	Piece	62 g
<input type="checkbox"/>	<b>Natural Yogurt 2%</b> (25 g)	6	Tablespoon	25 g
<input type="checkbox"/>	<b>Onion</b> (170 g)	1	Piece	170 g
<input type="checkbox"/>	<b>Chicken Breast Fillet 2</b> (1 g)	100	Gram	1 g
<input type="checkbox"/>	<b>Butterhead Lettuce</b> (5 g)	3	Leaf	5 g
<input type="checkbox"/>	<b>Garlic</b> (5 g)	1	Tooth	5 g
<input type="checkbox"/>	<b>White Salt</b> (1 g)	1	Gram	1 g
<input type="checkbox"/>	<b>Black Pepper</b> (1 g)	1	Gram	1 g