

Salmon with curry rice and salad - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Salmon Fillet <i>(200 g)</i>	1	Portion	200 g
<input type="checkbox"/>	Basmati Long Grain White Rice <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	Carrot <i>(50 g)</i>	1	Piece	50 g
<input type="checkbox"/>	Sauerkraut <i>(1 g)</i>	100	Gram	1 g
<input type="checkbox"/>	Lemon 2 <i>(1 g)</i>	2	Slice	1 g
<input type="checkbox"/>	White Salt <i>(0.1 g)</i>	2	Pinch	0.1 g
<input type="checkbox"/>	Black Pepper <i>(0.1 g)</i>	2	Pinch	0.1 g
<input type="checkbox"/>	Curry <i>(0.1 g)</i>	1	Pinch	0.1 g
<input type="checkbox"/>	Turmeric <i>(0.5 g)</i>	1	Pinch	0.5 g
<input type="checkbox"/>	Cashew Nuts <i>(12 g)</i>	1	Tablespoon	12 g