

Egg and avocado spread sandwich - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Whole Chicken Eggs (M) <i>(51 g)</i>	4	Piece	51 g
<input type="checkbox"/>	Wholemeal Rye Bread <i>(30 g)</i>	4	Slice of bread	30 g
<input type="checkbox"/>	Avocado <i>(140 g)</i>	1	Piece	140 g
<input type="checkbox"/>	Greek Natural Yogurt <i>(25 g)</i>	2	Tablespoon	25 g
<input type="checkbox"/>	Radish <i>(15 g)</i>	6	Piece	15 g
<input type="checkbox"/>	Chives <i>(5 g)</i>	2	Tablespoon	5 g
<input type="checkbox"/>	White Salt <i>(0.1 g)</i>	2	Pinch	0.1 g
<input type="checkbox"/>	Black Pepper <i>(0.1 g)</i>	2	Pinch	0.1 g
