



Turkey breast with pasta in mushroom sauce - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Turkey Breast, Skinless <i>(100 g)</i>	2	Portion	100 g
<input type="checkbox"/>	Olive Oil <i>(10 g)</i>	1	Tablespoon	10 g
<input type="checkbox"/>	Onion <i>(170 g)</i>	1	Piece	170 g
<input type="checkbox"/>	Whole Wheat Spaghetti <i>(50 g)</i>	1	Portion	50 g
<input type="checkbox"/>	Fresh Mushrooms <i>(20 g)</i>	5	Piece	20 g
<input type="checkbox"/>	Black Pepper <i>(0.1 g)</i>	2	Pinch	0.1 g
<input type="checkbox"/>	Curry <i>(0.1 g)</i>	1	Pinch	0.1 g
<input type="checkbox"/>	Wheat Flour Type 450 <i>(12 g)</i>	1	Tablespoon	12 g
<input type="checkbox"/>	Granulated Garlic <i>(5 g)</i>	1	Teaspoon	5 g
<input type="checkbox"/>	White Salt <i>(0.1 g)</i>	2	Pinch	0.1 g
<input type="checkbox"/>	Sesame Seeds <i>(5 g)</i>	1	Teaspoon	5 g