



## Cottage cheese with radish and bread - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Semi-Fat Quark Cheese</b> <i>(1 g)</i>	100	Gram	1 g
<input type="checkbox"/>	<b>Skyr – Icelandic Yogurt</b> <i>(25 g)</i>	3	Tablespoon	25 g
<input type="checkbox"/>	<b>Radish</b> <i>(15 g)</i>	4	Piece	15 g
<input type="checkbox"/>	<b>Wholemeal Rye Bread</b> <i>(30 g)</i>	1	Slice of bread	30 g
<input type="checkbox"/>	<b>Butter</b> <i>(10 g)</i>	1	Teaspoon	10 g
<input type="checkbox"/>	<b>White Salt</b> <i>(0.1 g)</i>	1	Pinch	0.1 g
<input type="checkbox"/>	<b>Black Pepper</b> <i>(0.1 g)</i>	1	Pinch	0.1 g