



Banana-Spinach Pancakes - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Banana <i>(120 g)</i>	1	Piece	120 g
<input type="checkbox"/>	Whole Chicken Eggs (S) <i>(43 g)</i>	2	Piece	43 g
<input type="checkbox"/>	Raspberries <i>(70 g)</i>	1	Handfull	70 g
<input type="checkbox"/>	Fresh Spinach 2 <i>(1 g)</i>	2	Handfull	1 g
<input type="checkbox"/>	Lard <i>(1 g)</i>	5	Tablespoon	1 g
<input type="checkbox"/>	Greek Natural Yogurt <i>(25 g)</i>	2	Tablespoon	25 g
<input type="checkbox"/>	Potato Flour <i>(20 g)</i>	2	Tablespoon	20 g
<input type="checkbox"/>	Buckwheat Flour 2 <i>(1 g)</i>	2	Tablespoon	1 g
<input type="checkbox"/>	Xylitol <i>(5 g)</i>	1	Teaspoon	5 g
<input type="checkbox"/>	Baking Powder <i>(4 g)</i>	0.5	Teaspoon	4 g
<input type="checkbox"/>	Vanilla Flavor <i>(1 g)</i>	1	Gram	1 g
<input type="checkbox"/>	White Salt <i>(1 g)</i>	1	Gram	1 g