



Low-Carb Breakfast Baked Baguette - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Low Carb Sunflower Seed, Chia Seed and Quark Bread <i>(50 g)</i>	4	Slice of bread	50 g
<input type="checkbox"/>	Whole Chicken Eggs (M) <i>(51 g)</i>	4	Piece	51 g
<input type="checkbox"/>	Emmentaler Full-Fat Cheese <i>(20 g)</i>	2	Slice	20 g
<input type="checkbox"/>	Butter for the Mold <i>(10 g)</i>	1	Teaspoon	10 g
<input type="checkbox"/>	White Salt <i>(0.1 g)</i>	2	Pinch	0.1 g
<input type="checkbox"/>	Black Pepper <i>(0.1 g)</i>	2	Pinch	0.1 g