



Low-Carb Sunflower Rolls - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Whole Chicken Eggs (M) <i>(51 g)</i>	4	Piece	51 g
<input type="checkbox"/>	Fresh Cheese (Quark) <i>(1 g)</i>	320	Gram	1 g
<input type="checkbox"/>	Ground Almonds 2 <i>(1 g)</i>	120	Gram	1 g
<input type="checkbox"/>	Sunflower Seeds (Shelled) <i>(1 g)</i>	60	Gram	1 g
<input type="checkbox"/>	Baking Powder <i>(15 g)</i>	1	Package	15 g
<input type="checkbox"/>	Coconut Flour <i>(1 g)</i>	20	Gram	1 g