



Low Carb Chili Con Carne with Carrots - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Ground Pork (1 g)	300	Gram	1 g
<input type="checkbox"/>	Chunky Canned Tomatoes (400 g)	1	Can	400 g
<input type="checkbox"/>	Red Beans (Canned) (255 g)	1	Can	255 g
<input type="checkbox"/>	Red Onion (80 g)	2	Piece	80 g
<input type="checkbox"/>	Garlic (5 g)	2	Tooth	5 g
<input type="checkbox"/>	Tomato Concentrate 30% (25 g)	2	Tablespoon	25 g
<input type="checkbox"/>	Clarified Butter (5 g)	2	Teaspoon	5 g
<input type="checkbox"/>	Dried Oregano (2 g)	1	Teaspoon	2 g
<input type="checkbox"/>	Dried Marjoram (2 g)	1	Teaspoon	2 g
<input type="checkbox"/>	Tarragon, Dried (2 g)	1	Teaspoon	2 g
<input type="checkbox"/>	White Salt (0.1 g)	2	Pinch	0.1 g
<input type="checkbox"/>	Black Pepper (0.1 g)	2	Pinch	0.1 g