

Low-Carb Carrot Muffins - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Ground Almonds 2 <i>(10 g)</i>	4	Tablespoon	10 g
<input type="checkbox"/>	Chopped Hazelnuts <i>(7 g)</i>	3	Teaspoon	7 g
<input type="checkbox"/>	Full-Fat Quark Cheese <i>(1 g)</i>	25	Gram	1 g
<input type="checkbox"/>	Whole Chicken Eggs (M) <i>(51 g)</i>	1	Piece	51 g
<input type="checkbox"/>	Carrot <i>(50 g)</i>	1	Piece	50 g
<input type="checkbox"/>	Vanilla, Ground or Vanilla Bean Paste <i>(2 g)</i>	0.5	Piece	2 g
<input type="checkbox"/>	Erythritol <i>(5 g)</i>	3	Teaspoon	5 g
<input type="checkbox"/>	Baking Powder <i>(4 g)</i>	1	Teaspoon	4 g
