



Low-Carb Broccoli Pancake - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Frozen Broccoli <i>(1 g)</i>	150	Gram	1 g
<input type="checkbox"/>	Whole Chicken Eggs (M) <i>(51 g)</i>	2	Piece	51 g
<input type="checkbox"/>	Shallots <i>(20 g)</i>	1	Piece	20 g
<input type="checkbox"/>	Ground Sweet Paprika <i>(3 g)</i>	1	Teaspoon	3 g
<input type="checkbox"/>	Nutmeg <i>(0.2 g)</i>	1	Pinch	0.2 g
<input type="checkbox"/>	Clarified Butter <i>(5 g)</i>	2	Teaspoon	5 g
<input type="checkbox"/>	Greek Natural Yogurt <i>(1 g)</i>	150	Gram	1 g
<input type="checkbox"/>	White Salt <i>(0.1 g)</i>	1	Pinch	0.1 g
<input type="checkbox"/>	Black Pepper <i>(0.1 g)</i>	1	Pinch	0.1 g