



## Egg Omelette with Berries - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Whole Chicken Eggs (M)</b> <i>(51 g)</i>	2	Piece	51 g
<input type="checkbox"/>	<b>Greek Natural Yogurt</b> <i>(1 g)</i>	150	Gram	1 g
<input type="checkbox"/>	<b>Black Blueberries</b> <i>(1 g)</i>	100	Gram	1 g
<input type="checkbox"/>	<b>Ground Almonds 2</b> <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	<b>Erythritol</b> <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	<b>Clarified Butter</b> <i>(1 g)</i>	5	Gram	1 g
<input type="checkbox"/>	<b>Psyllium Husk</b> <i>(10 g)</i>	1	Tablespoon	10 g