



Low-Carb Bread with Sunflower Seeds, Almonds, and Pumpkin Seeds - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Sunflower Seeds (Shelled) <i>(1 g)</i>	200	Gram	1 g
<input type="checkbox"/>	Ground Almonds 2 <i>(1 g)</i>	200	Gram	1 g
<input type="checkbox"/>	Psyllium Husk <i>(1 g)</i>	20	Gram	1 g
<input type="checkbox"/>	Pumpkin seeds 2 <i>(1 g)</i>	100	Gram	1 g
<input type="checkbox"/>	Ground Flaxseed <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	Baking Powder <i>(15 g)</i>	1	Package	15 g
<input type="checkbox"/>	Whole Chicken Eggs (M) <i>(51 g)</i>	4	Piece	51 g
<input type="checkbox"/>	Water <i>(1 g)</i>	200	Mililiter	1 g
<input type="checkbox"/>	White Salt <i>(1 g)</i>	1	Gram	1 g