

# Oatmeal with almonds and strawberries - Ingredients

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	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Skyr – Icelandic Yogurt</b> <i>(150 g)</i>	1	Package	150 g
<input type="checkbox"/>	<b>Flaked Almonds</b> <i>(12 g)</i>	1	Tablespoon	12 g
<input type="checkbox"/>	<b>Frozen Strawberries</b> <i>(100 g)</i>	2	Portion	100 g
<input type="checkbox"/>	<b>Oat Flakes</b> <i>(10 g)</i>	6	Tablespoon	10 g

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