



Tortilla with Chicken and Mozzarella - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Mozzarella Cheese <i>(1 g)</i>	30	Gram	1 g
<input type="checkbox"/>	Olive Oil <i>(5 g)</i>	1	Teaspoon	5 g
<input type="checkbox"/>	Skyr – Icelandic Yogurt <i>(1 g)</i>	90	Gram	1 g
<input type="checkbox"/>	Chicken Breast Fillet 2 <i>(1 g)</i>	3	Portion	1 g
<input type="checkbox"/>	Red Bell Pepper <i>(200 g)</i>	1	Piece	200 g
<input type="checkbox"/>	Butterhead Lettuce <i>(5 g)</i>	3	Leaf	5 g
<input type="checkbox"/>	Whole Wheat Tortilla <i>(62 g)</i>	3	Piece	62 g
<input type="checkbox"/>	Ground Sweet Paprika <i>(3 g)</i>	1	Teaspoon	3 g
<input type="checkbox"/>	Dried Oregano <i>(2 g)</i>	1	Teaspoon	2 g
<input type="checkbox"/>	Granulated Garlic <i>(5 g)</i>	1	Teaspoon	5 g
<input type="checkbox"/>	Curry <i>(5 g)</i>	0.5	Teaspoon	5 g
<input type="checkbox"/>	Himalayan Salt <i>(0.1 g)</i>	3	Pinch	0.1 g