

Sandwiches with bean paste - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Red Bell Pepper <i>(200 g)</i>	0.5	Piece	200 g
<input type="checkbox"/>	Fresh or Dried Dill <i>(4 g)</i>	2	Tablespoon	4 g
<input type="checkbox"/>	Lemon 2 <i>(1 g)</i>	1	Piece	1 g
<input type="checkbox"/>	Olive Oil <i>(5 g)</i>	1	Teaspoon	5 g
<input type="checkbox"/>	Red Beans (Canned) <i>(20 g)</i>	6	Tablespoon	20 g
<input type="checkbox"/>	Wholemeal Rye Bread <i>(30 g)</i>	2	Slice of bread	30 g
