



Coconut Pralines - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Lard <i>(1 g)</i>	100	Mililiter	1 g
<input type="checkbox"/>	Coconut Oil <i>(10 g)</i>	1	Tablespoon	10 g
<input type="checkbox"/>	Erythritol <i>(10 g)</i>	1	Tablespoon	10 g
<input type="checkbox"/>	Coconut Flakes <i>(1 g)</i>	100	Gram	1 g
<input type="checkbox"/>	Chia seeds 2 <i>(1 g)</i>	1	Tablespoon	1 g
<input type="checkbox"/>	Sour Cream 30% <i>(1 ml)</i>	50	Gram	1 ml
<input type="checkbox"/>	Dark Chocolate 90% <i>(1 g)</i>	50	Gram	1 g