



## Leczo with Chicken and Bread - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Tomato</b> <i>(170 g)</i>	2	Piece	170 g
<input type="checkbox"/>	<b>Chicken Breast Fillet 2</b> <i>(1 g)</i>	200	Gram	1 g
<input type="checkbox"/>	<b>Zucchini</b> <i>(600 g)</i>	1	Piece	600 g
<input type="checkbox"/>	<b>Red Bell Pepper</b> <i>(200 g)</i>	1	Piece	200 g
<input type="checkbox"/>	<b>Fresh Mushrooms</b> <i>(1 g)</i>	100	Gram	1 g
<input type="checkbox"/>	<b>Onion</b> <i>(170 g)</i>	1	Piece	170 g
<input type="checkbox"/>	<b>Light Rye Bread</b> <i>(35 g)</i>	2	Slice of bread	35 g
<input type="checkbox"/>	<b>Tomato Concentrate 30%</b> <i>(1 g)</i>	25	Gram	1 g
<input type="checkbox"/>	<b>Cold-Pressed Rapeseed Oil</b> <i>(10 ml)</i>	1	Tablespoon	10 ml
<input type="checkbox"/>	<b>Bay Leaf</b> <i>(1 g)</i>	1	Leaf	1 g
<input type="checkbox"/>	<b>Ground Chili Pepper</b> <i>(1 g)</i>	1	Gram	1 g