



## Omelette with Mushrooms and Vegetables - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Whole Chicken Eggs (S)</b> <i>(43 g)</i>	3	Piece	43 g
<input type="checkbox"/>	<b>Fresh Mushrooms</b> <i>(20 g)</i>	8	Piece	20 g
<input type="checkbox"/>	<b>Red Bell Pepper</b> <i>(200 g)</i>	0.5	Piece	200 g
<input type="checkbox"/>	<b>Onion</b> <i>(170 g)</i>	0.25	Piece	170 g
<input type="checkbox"/>	<b>Water</b> <i>(10 g)</i>	2	Tablespoon	10 g
<input type="checkbox"/>	<b>Ground Sweet Paprika</b> <i>(7 g)</i>	1	Tablespoon	7 g
<input type="checkbox"/>	<b>Black Pepper</b> <i>(1 g)</i>	1	Gram	1 g
<input type="checkbox"/>	<b>Ground Chili Pepper</b> <i>(1 g)</i>	1	Gram	1 g
<input type="checkbox"/>	<b>Himalayan Salt</b> <i>(1 g)</i>	1	Gram	1 g