



Whole Grain Wheat Pancake - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Water <i>(1 g)</i>	70	Mililiter	1 g
<input type="checkbox"/>	Whole Chicken Eggs (S) <i>(43 g)</i>	1	Piece	43 g
<input type="checkbox"/>	Whole Wheat Flour <i>(1 g)</i>	30	Gram	1 g
<input type="checkbox"/>	Cold-Pressed Rapeseed Oil <i>(5 ml)</i>	1	Teaspoon	5 ml