



## Forest Berries with Beetroot, Pumpkin, Cauliflower, and Pomegranate - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Pumpkin</b> (210 g)	1	Cup	210 g
<input type="checkbox"/>	<b>Millet Groats</b> (180 g)	1	Cup	180 g
<input type="checkbox"/>	<b>Beetroot</b> (107 g)	1	Piece	107 g
<input type="checkbox"/>	<b>Grenade</b> (1 g)	30	Gram	1 g
<input type="checkbox"/>	<b>Ginger Powder</b> (1 g)	5	Gram	1 g
<input type="checkbox"/>	<b>Himalayan Salt</b> (1 g)	5	Gram	1 g
<input type="checkbox"/>	<b>Olive Oil</b> (1 g)	5	Gram	1 g
<input type="checkbox"/>	<b>Garlic</b> (5 g)	0.5	Tooth	5 g
<input type="checkbox"/>	<b>Garden Dill</b> (8 g)	0.33	Tablespoon	8 g