



## Sweet and Sour Chicken - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Chicken Breast Fillet 2</b> <i>(1 g)</i>	300	Gram	1 g
<input type="checkbox"/>	<b>Pineapple</b> <i>(80 g)</i>	3	Slice	80 g
<input type="checkbox"/>	<b>Long-Grain Brown Rice</b> <i>(1 g)</i>	150	Gram	1 g
<input type="checkbox"/>	<b>Orange Juice</b> <i>(240 ml)</i>	1	Piece	240 ml
<input type="checkbox"/>	<b>Red Bell Pepper</b> <i>(200 g)</i>	0.5	Piece	200 g
<input type="checkbox"/>	<b>Onion</b> <i>(170 g)</i>	1	Piece	170 g
<input type="checkbox"/>	<b>Carrot</b> <i>(50 g)</i>	2	Piece	50 g
<input type="checkbox"/>	<b>Tomato Concentrate 30%</b> <i>(25 g)</i>	1	Tablespoon	25 g
<input type="checkbox"/>	<b>Potato Starch 2</b> <i>(1 g)</i>	3	Tablespoon	1 g
<input type="checkbox"/>	<b>Water</b> <i>(10 g)</i>	3	Tablespoon	10 g
<input type="checkbox"/>	<b>Bee Honey</b> <i>(12 g)</i>	1	Teaspoon	12 g
<input type="checkbox"/>	<b>Wine Vinegar</b> <i>(10 g)</i>	1	Tablespoon	10 g
<input type="checkbox"/>	<b>Garlic</b> <i>(5 g)</i>	2	Tooth	5 g
<input type="checkbox"/>	<b>Cold-Pressed Rapeseed Oil</b> <i>(10 ml)</i>	1	Tablespoon	10 ml
<input type="checkbox"/>	<b>Himalayan Salt</b> <i>(5 g)</i>	0.25	Teaspoon	5 g



	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Black Pepper</b> (5 g)	0.5	Teaspoon	5 g
<input type="checkbox"/>	<b>Dried Oregano</b> (2 g)	0.5	Teaspoon	2 g
<input type="checkbox"/>	<b>Ground Sweet Paprika</b> (3 g)	1	Teaspoon	3 g
<input type="checkbox"/>	<b>Ground Chili Pepper</b> (1 g)	0.01	Gram	1 g