



Meatballs with Pasta (Lighter Version) - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Canned Tomatoes <i>(1 g)</i>	200	Gram	1 g
<input type="checkbox"/>	Ground Beef <i>(1 g)</i>	70	Gram	1 g
<input type="checkbox"/>	Whole Wheat Spaghetti <i>(1 g)</i>	70	Gram	1 g
<input type="checkbox"/>	Onion <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	Whole Chicken Eggs (S) <i>(43 g)</i>	1	Piece	43 g
<input type="checkbox"/>	Tomato Concentrate 30% <i>(25 g)</i>	1	Tablespoon	25 g
<input type="checkbox"/>	Cold-Pressed Rapeseed Oil <i>(1 ml)</i>	5	Gram	1 ml