



## Cauliflower Cutlets with Buckwheat and Salad - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Cauliflower</b> <i>(1 g)</i>	250	Gram	1 g
<input type="checkbox"/>	<b>Butterhead Lettuce</b> <i>(1 g)</i>	100	Gram	1 g
<input type="checkbox"/>	<b>Pork Shoulder</b> <i>(1 g)</i>	100	Gram	1 g
<input type="checkbox"/>	<b>Millet Groats</b> <i>(1 g)</i>	80	Gram	1 g
<input type="checkbox"/>	<b>Natural Yogurt 2%</b> <i>(1 g)</i>	80	Gram	1 g
<input type="checkbox"/>	<b>Garden Dill</b> <i>(1 g)</i>	16	Gram	1 g
<input type="checkbox"/>	<b>Cold-Pressed Rapeseed Oil</b> <i>(1 ml)</i>	5	Gram	1 ml