

Chicken in vegetable sauce - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Chicken Breast Fillet 2 <i>(1 g)</i>	200	Gram	1 g
<input type="checkbox"/>	Vegetable Broth <i>(1 ml)</i>	200	Gram	1 ml
<input type="checkbox"/>	Red Bell Pepper <i>(200 g)</i>	1	Piece	200 g
<input type="checkbox"/>	Eggplant <i>(300 g)</i>	1	Piece	300 g
<input type="checkbox"/>	Onion <i>(170 g)</i>	1	Piece	170 g
<input type="checkbox"/>	Water <i>(1 g)</i>	50	Mililiter	1 g
<input type="checkbox"/>	Long-Grain Brown Rice <i>(1 g)</i>	25	Gram	1 g
<input type="checkbox"/>	Potato Starch 2 <i>(1 g)</i>	1	Tablespoon	1 g
<input type="checkbox"/>	Mung Bean Sprouts 2 <i>(1 g)</i>	20	Gram	1 g
<input type="checkbox"/>	Tomato Concentrate 30% <i>(25 g)</i>	1	Tablespoon	25 g
<input type="checkbox"/>	Strawberry Yogurt <i>(1 g)</i>	1	Tablespoon	1 g
<input type="checkbox"/>	Light Soy Sauce <i>(10 g)</i>	1	Tablespoon	10 g
<input type="checkbox"/>	Cold-Pressed Rapeseed Oil <i>(1 ml)</i>	10	Gram	1 ml
<input type="checkbox"/>	Curry <i>(1 g)</i>	8	Gram	1 g
<input type="checkbox"/>	White Sugar 2 <i>(1 g)</i>	1	Teaspoon	1 g