



American Chicken Salad - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Tomato <i>(170 g)</i>	1	Piece	170 g
<input type="checkbox"/>	Chicken Breast Fillet 2 <i>(1 g)</i>	100	Gram	1 g
<input type="checkbox"/>	Radish <i>(15 g)</i>	5	Piece	15 g
<input type="checkbox"/>	Iceberg Lettuce <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	Chives <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	Cucumber <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	Garden Cress <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	Natural Yogurt 2% <i>(25 g)</i>	1	Tablespoon	25 g
<input type="checkbox"/>	Mustard <i>(10 g)</i>	1	Teaspoon	10 g
<input type="checkbox"/>	Olive Oil <i>(10 g)</i>	1	Tablespoon	10 g
<input type="checkbox"/>	Balsamic Vinegar 2 <i>(1 g)</i>	1	Tablespoon	1 g
<input type="checkbox"/>	Garlic <i>(5 g)</i>	0.5	Tooth	5 g
<input type="checkbox"/>	White Salt <i>(1 g)</i>	0	Gram	1 g
<input type="checkbox"/>	Black Pepper <i>(1 g)</i>	0	Gram	1 g