



## Oatmeal with Carob - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Cow's Milk 1.5%</b> <i>(1 g)</i>	250	Mililiter	1 g
<input type="checkbox"/>	<b>Banana</b> <i>(1 g)</i>	120	Gram	1 g
<input type="checkbox"/>	<b>Oat Flakes</b> <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	<b>Almonds 2</b> <i>(1 g)</i>	15	Gram	1 g
<input type="checkbox"/>	<b>Carob</b> <i>(1 g)</i>	6	Gram	1 g