



## Chocolate Hummus with Rice Wafers - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Chickpeas, Cooked or Canned</b> (400 g)	1	Can	400 g
<input type="checkbox"/>	<b>Rice Pucks</b> (10 g)	6	Piece	10 g
<input type="checkbox"/>	<b>Maple Syrup 2</b> (1 g)	4	Tablespoon	1 g
<input type="checkbox"/>	<b>16% Cocoa Powder</b> (10 g)	3	Tablespoon	10 g
<input type="checkbox"/>	<b>Coconut Oil</b> (10 g)	1	Tablespoon	10 g
<input type="checkbox"/>	<b>Vanilla Extract</b> (5 g)	0.5	Teaspoon	5 g
<input type="checkbox"/>	<b>White Salt</b> (1 g)	0.1	Gram	1 g