



## Pasta with Tuna - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Canned Tomatoes</b> <i>(1 g)</i>	200	Gram	1 g
<input type="checkbox"/>	<b>Whole Wheat Spaghetti</b> <i>(1 g)</i>	80	Gram	1 g
<input type="checkbox"/>	<b>Tuna in Its Own Juice</b> <i>(1 g)</i>	60	Gram	1 g
<input type="checkbox"/>	<b>Onion</b> <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	<b>Dried Tomatoes</b> <i>(1 g)</i>	40	Gram	1 g
<input type="checkbox"/>	<b>Tomato Concentrate 30%</b> <i>(1 g)</i>	30	Gram	1 g
<input type="checkbox"/>	<b>Parsley Leaves 2</b> <i>(1 g)</i>	30	Gram	1 g
<input type="checkbox"/>	<b>Lemon Juice</b> <i>(1 g)</i>	12	Gram	1 g
<input type="checkbox"/>	<b>Cold-Pressed Rapeseed Oil</b> <i>(1 ml)</i>	10	Gram	1 ml