



Rice with Turkey and Asparagus - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Canned Tomatoes <i>(1 g)</i>	200	Gram	1 g
<input type="checkbox"/>	Asparagus <i>(1 g)</i>	150	Gram	1 g
<input type="checkbox"/>	Onion <i>(1 g)</i>	100	Gram	1 g
<input type="checkbox"/>	Turkey Loin <i>(1 g)</i>	100	Gram	1 g
<input type="checkbox"/>	Long-Grain Brown Rice <i>(1 g)</i>	70	Gram	1 g
<input type="checkbox"/>	Cold-Pressed Rapeseed Oil <i>(1 ml)</i>	10	Gram	1 ml