



Avocado, Spinach, and Orange Salad - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Orange 2 <i>(1 g)</i>	200	Gram	1 g
<input type="checkbox"/>	Avocado <i>(1 g)</i>	70	Gram	1 g
<input type="checkbox"/>	Light Rye Bread <i>(35 g)</i>	2	Slice of bread	35 g
<input type="checkbox"/>	Fresh Spinach 2 <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	Dried Tomatoes <i>(1 g)</i>	40	Gram	1 g
<input type="checkbox"/>	Greenhouse Cucumber <i>(1 g)</i>	40	Gram	1 g
<input type="checkbox"/>	Olive Oil <i>(10 g)</i>	1	Tablespoon	10 g