



Tuna Salad - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Tomato <i>(170 g)</i>	3	Piece	170 g
<input type="checkbox"/>	Red Bell Pepper <i>(200 g)</i>	1	Piece	200 g
<input type="checkbox"/>	Iceberg Lettuce <i>(400 g)</i>	1	Piece	400 g
<input type="checkbox"/>	Tuna in Oil <i>(1 g)</i>	170	Gram	1 g
<input type="checkbox"/>	Pickled Green Olives <i>(1 g)</i>	50	Gram	1 g
<input type="checkbox"/>	Red Onion <i>(80 g)</i>	1	Piece	80 g
<input type="checkbox"/>	Lemon Juice <i>(6 g)</i>	1	Tablespoon	6 g
<input type="checkbox"/>	Dried Basil <i>(4 g)</i>	1	Tablespoon	4 g