



Spinach Shake - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Water (1 g)	250	Mililiter	1 g
<input type="checkbox"/>	Pineapple (1 g)	80	Gram	1 g
<input type="checkbox"/>	Fresh Spinach 2 (1 g)	50	Gram	1 g
<input type="checkbox"/>	Chia seeds 2 (1 g)	10	Gram	1 g
<input type="checkbox"/>	Ginger (1 g)	5	Gram	1 g