



Sandwiches with Pesto (Lighter Version) - Ingredients

	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	Light Rye Bread <i>(1 g)</i>	105	Gram	1 g
<input type="checkbox"/>	Red Bell Pepper <i>(1 g)</i>	70	Gram	1 g
<input type="checkbox"/>	Butterhead Lettuce <i>(1 g)</i>	20	Gram	1 g
<input type="checkbox"/>	Basil Pesto <i>(1 g)</i>	15	Gram	1 g