

## Lactose-free Peach Milk Cocktail - Ingredients

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	NAME	AMOUNT	UNIT	TOTAL WEIGHT
<input type="checkbox"/>	<b>Rice Milk</b> <i>(250 g)</i>	1	Cup	250 g
<input type="checkbox"/>	<b>Cinnamon (cut), raw</b> <i>(1 g)</i>	170	Gram	1 g
<input type="checkbox"/>	<b>Puffed Amaranth 2</b> <i>(3 g)</i>	2	Tablespoon	3 g
<input type="checkbox"/>	<b>Chia seeds 2</b> <i>(1 g)</i>	1	Teaspoon	1 g

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